

AUGUST | 2023

Grab and Go



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3 Roast Turkey and Provolone Sandwich (2 oz. WG, 2 oz. M/MA) 1 Cup Cowboy Corn Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk</p>	<p>1 Roast Turkey and Provolone Sandwich (2 oz. WG, 2 oz. M/MA) 1 Cup 3 Bean Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk</p>	<p>2 Roast Turkey and Provolone Sandwich (2 oz. WG, 2 oz. M/MA) 1 Cup Sliced Cucumber Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk</p>	<p>3 Roast Turkey and Provolone Sandwich (2 oz. WG, 2 oz. M/MA) 1 ¼ Cup Baby Carrots Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk</p>	<p>4 Sliced Chicken and Turkey Bacon Sandwich (2 oz. WG, 2 oz. M/MA) 1 Cup Broccoli Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk</p>
<p>7 Buffalo Chicken and Cheese Sandwich (2 oz. WG, 2 oz. M/MA) 1 ¼ Cup Baby Carrots Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk</p>	<p>8 Buffalo Chicken and Cheese Sandwich (2 oz. WG, 2 oz. M/MA) 1 Cup Broccoli Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk</p>	<p>9 Buffalo Chicken and Cheese Sandwich (2 oz. WG, 2 oz. M/MA) 1 Cup Cowboy Corn Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk</p>	<p>10 Buffalo Chicken and Cheese Sandwich (2 oz. WG, 2 oz. M/MA) 1 Cup 3 Bean Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk</p>	<p>11 Sliced Chicken and Turkey Bacon Sandwich (2 oz. WG, 2 oz. M/MA) 1 Cup Sliced Cucumber Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk</p>
<p>14 Turkey Pastrami and Swiss Sandwich (2 oz. WG, 2 oz. M/MA) 1 Cup Sliced Cucumber Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk</p>	<p>15 Turkey Pastrami and Swiss Sandwich (2 oz. WG, 2 oz. M/MA) 1 ¼ Cup Baby Carrots Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk</p>	<p>16 Turkey Pastrami and Swiss Sandwich (2 oz. WG, 2 oz. M/MA) 1 Cup Broccoli Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk</p>	<p>17 Turkey Pastrami and Swiss Sandwich (2 oz. WG, 2 oz. M/MA) 1 Cup Cowboy Corn Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk</p>	<p>18 Sliced Chicken and Turkey Bacon Sandwich (2 oz. WG, 2 oz. M/MA) 1 Cup 3 Bean Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk</p>
<p>21 2oz Turkey and Cheese 8oz Romaine 2oz Cucumber and 2oz Tomato 2oz Cheese-It WG crackers (2 oz. WG, 2 oz. M/MA) 1 Cup 3 Bean Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk</p>	<p>22 2oz Turkey and Cheese 8oz Romaine 2oz Cucumber and 2oz Tomato 2oz Cheese-It WG crackers (2 oz. WG, 2 oz. M/MA) Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk</p>	<p>23 2oz Turkey and Cheese 8oz Romaine 2oz Cucumber and 2oz Tomato 2oz Cheese-It WG crackers (2 oz. WG, 2 oz. M/MA) 1 ¼ Cup Baby Carrots Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk</p>	<p>24 2oz Turkey and Cheese 8oz Romaine 2oz Cucumber and 2oz Tomato 2oz Cheese-It WG crackers (2 oz. WG, 2 oz. M/MA) Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk</p>	<p>25 Sliced Chicken and Turkey Bacon Sandwich (2 oz. WG, 2 oz. M/MA) 1 Cup Cowboy Corn Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk</p>
<p>28 Roast Turkey and Provolone Sandwich (2 oz. WG, 2 oz. M/MA) 1 Cup Cowboy Corn Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk</p>	<p>29 Roast Turkey and Provolone Sandwich (2 oz. WG, 2 oz. M/MA) 1 Cup 3 Bean Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk</p>	<p>30 Roast Turkey and Provolone Sandwich (2 oz. WG, 2 oz. M/MA) 1 Cup Sliced Cucumber Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk</p>	<p>31 Roast Turkey and Provolone Sandwich (2 oz. WG, 2 oz. M/MA) 1 ¼ Cup Baby Carrots Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk</p>	<p>1 Sliced Chicken and Turkey Bacon Sandwich (2 oz. WG, 2 oz. M/MA) 1 Cup Broccoli Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk</p>

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1% white milk offered. Nutrient content and ingredients are available upon request. No Pork or nut products offered.