

# AUGUST | 2023

## NSLP Lunch



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

<b>31</b> 4 oz Turkey Pot Roast (2 oz <b>M/MA</b> ) 10 oz Carrots 2 oz <b>WG</b> Cornbread 4 oz Pears 4 oz Juice / Alt. Fruit 8 oz. Milk	<b>1</b> Deep Dish Cheese Pizza (2 oz. <b>WG</b> , 2 oz. <b>M/MA</b> ) 8 oz Broccoli 4 oz Fruit Cocktail 4 oz Juice / Alt. Fruit 8 oz. Milk	<b>2</b> Chicken Patty Sandwich (1 oz. <b>WG</b> , 2 oz. <b>M/MA</b> ) 2 oz <b>WG</b> Bun 8 oz Steak Fries 4 oz Peaches 4 oz Juice / Alt. Fruit 8 oz. Milk	<b>3</b> 3 oz. <b>HM</b> Walking Taco 2 oz. <b>WG</b> Tortilla Chips 8 oz Fiesta Black Beans 4 oz Mandarin Oranges 4 oz Juice / Alt. Fruit 8 oz. Milk	<b>4</b> 8 oz <b>WG</b> Macaroni and Cheese (2 oz. <b>WG</b> , 2 oz. <b>M/MA</b> ) 8 oz Green Beans 4 oz Tropical Fruit 4 oz Juice / Alt. Fruit 8 oz. Milk
<b>7</b> Mini Chicken Corn Dogs (2 oz. <b>WG</b> , 2 oz. <b>M/MA</b> ) 8 oz California Medley 4 oz Pears 4 oz Juice / Alt. Fruit 8 oz. Milk	<b>8</b> 3 oz. Meatloaf 2 oz. <b>WG</b> Dinner Roll 10 oz Seasoned Sweet Potato Tots 4 oz Fruit Cocktail 4 oz Juice / Alt. Fruit 8 oz. Milk	<b>9</b> Parmesan, Garlic, and Herb Perogies (1 oz. <b>WG</b> , 2 oz. <b>M/MA</b> ) 1 oz <b>WG</b> Breadstick 8 oz Spinach Salad 4 oz Peaches 4 oz Juice / Alt. Fruit 8 oz. Milk	<b>10</b> 5 oz. Red Chili Cheese Burrito (2 oz. <b>WG</b> , 2 oz. <b>M/MA</b> ) 8 oz <b>HM</b> Corn and Peppers 4 oz Mandarin Oranges 4 oz Juice / Alt. Fruit 8 oz. Milk	<b>11</b> Grilled Cheese Sandwich (2 oz. <b>WG</b> , 2 oz. <b>M/MA</b> ) 8 oz Baked Beans 4 oz Tropical Fruit 4 oz Juice / Alt. Fruit 8 oz. Milk
<b>14</b> 3 oz. <b>HM</b> Beef Tamale Pie 2 oz. <b>WG</b> Cornbread 8 oz Fiesta Black Beans 4 oz Pears 4 oz Juice / Alt. Fruit 8 oz. Milk	<b>15</b> 5 each Baked Chicken Nuggets (1 oz. <b>WG</b> , 2 oz. <b>M/MA</b> ) 1 oz <b>WG</b> Dinner Roll 8 oz Green Beans 4 oz Fruit Cocktail 4 oz Juice / Alt. Fruit 8 oz. Milk	<b>16</b> Cheese Quesadilla (2 oz. <b>WG</b> , 2 oz. <b>M/MA</b> ) 10 oz Carrots 4 oz Peaches 4 oz Juice / Alt. Fruit 8 oz Milk	<b>17</b> Beef Pepperoni Calzone (2 oz. <b>WG</b> , 2 oz. <b>M/MA</b> ) 8 oz Broccoli 4 oz Mandarin Oranges 4 oz Juice / Alt. Fruit 8 oz. Milk	<b>18</b> Cheese Ravioli with <b>HM</b> Alfredo (1 oz. <b>WG</b> , 2 oz. <b>M/MA</b> ) 1 oz <b>WG</b> Breadstick 8 oz Sweet Peas 4 oz Tropical Fruit 4 oz Juice / Alt. Fruit 8 oz. Milk
<b>21</b> 2 oz. Beef Hamburger 2 oz. <b>WG</b> Bun 8 oz Steak Fries 4 oz Pears 4 oz Juice / Alt. Fruit 8 oz. Milk	<b>22</b> 2 oz. Sliced Beef Frank 2 oz. <b>WG</b> Cornbread 8 oz Baked Beans 4 oz Fruit Cocktail 4 oz Juice / Alt. Fruit 8 oz. Milk	<b>23</b> 3 oz. General Tso Chicken 8 oz Brown Rice 8 oz California Medley 4 oz Peaches 4 oz Juice / Alt. Fruit 8 oz. Milk	<b>24</b> 3 oz. BBQ Meatballs 2 oz Dinner Roll 10 oz Seasoned Sweet Potato Tots 4 oz Mandarin Oranges 4 oz Juice / Alt. Fruit 8 oz. Milk	<b>25</b> 5 Cheese Lasagna Roll (1 oz. <b>WG</b> , 2 oz. <b>M/MA</b> ) With <b>HM</b> Tomato Sauce 1 oz <b>WG</b> Breadstick 8 oz Broccoli 4 oz Tropical Fruit 4 oz Juice / Alt. Fruit 8 oz. Milk
<b>28</b> 4 oz Turkey Pot Roast (2 oz <b>M/MA</b> ) 10 oz Carrots 2 oz <b>WG</b> Cornbread 4 oz Pears 4 oz Juice / Alt. Fruit 8 oz. Milk	<b>29</b> Deep Dish Cheese Pizza (2 oz. <b>WG</b> , 2 oz. <b>M/MA</b> ) 8 oz Broccoli 4 oz Fruit Cocktail 4 oz Juice / Alt. Fruit 8 oz. Milk	<b>30</b> Chicken Patty Sandwich (1 oz. <b>WG</b> , 2 oz. <b>M/MA</b> ) 2 oz <b>WG</b> Bun 8 oz Steak Fries 4 oz Peaches 4 oz Juice / Alt. Fruit 8 oz. Milk	<b>31</b> 3 oz. <b>HM</b> Walking Taco 2 oz. <b>WG</b> Tortilla Chips 8 oz Fiesta Black Beans 4 oz Mandarin Oranges 4 oz Juice / Alt. Fruit 8 oz. Milk	<b>1</b> 8 oz <b>WG</b> Macaroni and Cheese (2 oz. <b>WG</b> , 2 oz. <b>M/MA</b> ) 8 oz Green Beans 4 oz Tropical Fruit 4 oz Juice / Alt. Fruit 8 oz. Milk

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1% white milk offered. Nutrient content and ingredients are available upon request. No Pork or nut products offered.