



MARCH | 2024

NSLP Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
26 2 oz. WG Cinnamon Pop-Tart ½ Cup Oranges 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola	27 Egg and Cheese English Muffin (2 oz. WG , 2 oz. M/MA) ½ Cup Spiced Apples 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola	18 1 oz. WG Breakfast Taco 1 oz. M/MA ½ Cup Grapes 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola	29 2 oz. HM Veggie Frittata 2 oz. M/MA 2 oz. WG English Muffin ½ Cup Pineapple 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola	1 Cinnamon Chex 1 Cup WG Cereal ½ Cup Banana 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola
4 2 oz. WG Blueberry Pop-tart ½ Cup Oranges 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola	5 2 oz. WG Pancake ½ Cup Spiced Apples 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola	6 1.5 oz. WG Breakfast Pizza 1 oz. M/MA ½ Cup Grapes 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola	7 2 oz. HM Cheesy Eggs 2 oz. WG English Muffin ½ Cup Pineapple 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola	8 Cheerios 1 Cup WG Cereal ½ Cup Banana 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola
11 1 oz. WG Cinnamon Pop-Tart ½ Cup Oranges 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola	12 Egg and Cheese English Muffin (2 oz. WG , 2 oz. M/MA) ½ Cup Spiced Apples 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola	13 1 oz. WG Breakfast Taco 1 oz. M/MA ½ Cup Grapes 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola	14 2 oz. HM Veggie Frittata 2 oz. M/MA 2 oz. WG English Muffin ½ Cup Pineapple 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola	15 Cinnamon Chex 1 Cup WG Cereal ½ Cup Banana 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola
20 2 oz. WG Blueberry Pop-tart ½ Cup Oranges 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola	19 2 oz. WG Pancake ½ Cup Spiced Apples 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola	25 1 oz. WG Breakfast Pizza 1 oz. M/MA ½ Cup Grapes 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola	21 2 oz. HM Cheesy Eggs 2 oz. WG English Muffin ½ Cup Pineapple 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola	22 Cheerios 1 Cup WG Cereal ½ Cup Banana 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola
25 2 oz. WG Cinnamon Pop-Tart ½ Cup Oranges 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola	26 Egg and Cheese English Muffin (2 oz. WG , 2 oz. M/MA) ½ Cup Spiced Apples 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola	27 1 oz. WG Breakfast Taco 1 oz. M/MA ½ Cup Grapes 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola	28 2 oz. HM Veggie Frittata 2 oz. M/MA 2 oz. WG English Muffin ½ Cup Pineapple 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola	29 Cinnamon Chex 1 Cup WG Cereal ½ Cup Banana 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation.



*1% white milk Fat Free chocolate milk offered. Nutrient content and ingredients are available upon request. No pork or nut products offered."