

APRIL | 2024

NSLP Breakfast Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>1 2 oz. WG Blueberry Pop-tart ½ Cup Oranges 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>2 2 oz. WG Pancake ½ Cup Spiced Apples 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>3 1.5 oz. WG Breakfast Pizza 1 oz. M/MA ½ Cup Grapes 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>4 2 oz. HM Cheesy Eggs 2 oz. WG English Muffin ½ Cup Pineapple 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>5 Cheerios 1 Cup WG Cereal ½ Cup Banana 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>
<p>8 2 oz. WG Cinnamon Pop-Tart ½ Cup Oranges 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>9 Egg and Cheese English Muffin (2 oz. WG, 2 oz. M/MA) ½ Cup Spiced Apples 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>10 1 oz. WG Breakfast Taco 1 oz. M/MA ½ Cup Grapes 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>11 HM Veggie Frittata 2 oz. M/MA 2 oz. WG English Muffin ½ Cup Pineapple 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>12 Cinnamon Chex 1 Cup WG Cereal ½ Cup Banana 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>
<p>15 2 oz. WG Blueberry Pop-tart ½ Cup Oranges 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>16 2 oz. WG Pancake ½ Cup Spiced Apples 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>17 .5 oz. WG Breakfast Pizza 1 oz. M/MA ½ Cup Grapes 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>18 2 oz. HM Cheesy Eggs 2 oz. WG English Muffin ½ Cup Pineapple 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>19 Cheerios 1 Cup WG Cereal ½ Cup Banana 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>
<p>22 2 oz. WG Cinnamon Pop-Tart ½ Cup Oranges 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>23 Egg and Cheese English Muffin (2 oz. WG, 2 oz. M/MA) ½ Cup Spiced Apples 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>24 1 oz. WG Breakfast Taco 1 oz. M/MA ½ Cup Grapes 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>25 HM Veggie Frittata 2 oz. M/MA 2 oz. WG English Muffin ½ Cup Pineapple 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>26 Cinnamon Chex 1 Cup WG Cereal ½ Cup Banana 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>
<p>29 2 oz. WG Blueberry Pop-tart ½ Cup Oranges 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>30 2 oz. WG Pancake ½ Cup Spiced Apples 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>1 1.5 oz. WG Breakfast Pizza 1 oz. M/MA ½ Cup Grapes 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>2 2 oz. HM Cheesy Eggs 2 oz. WG English Muffin ½ Cup Pineapple 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>3 Cheerios 1 Cup WG Cereal ½ Cup Banana 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>

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1% white milk Fat Free chocolate milk offered. Nutrient content and ingredients are available upon request. No pork or nut products offered.