

## DECEMBER 2025

## Grab and Go Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chef Salad (2 oz. <b>M/MA</b> ) 2 oz. <b>WG</b> Cheese Crackers 1 Cup Asian Edamame Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	Chef Salad (2 oz. M/MA) 2 oz. WG Cheese Crackers 1 Cup Coleslaw Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	Chef Salad (2 oz. M/MA) 2 oz. WG Cheese Crackers 1 Cup Broccoli Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	4 Chef Salad (2 oz. M/MA) 2 oz. WG Cheese Crackers 1 1/4 Cup Baby Carrots Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	Chicken Caeser Wrap (2 oz. <b>WG</b> , 2 oz. <b>M/MA</b> ) 1 Cup Cowboy Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk
Roasted Turkey and Provolone Sub (2 oz. WG, 2 oz. M/MA) 1 Cup Cowboy Corn Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	PRoasted Turkey and Provolone Sub (2 oz. WG, 2 oz. M/MA) 1 Cup Asian Edamame Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	10  Roasted Turkey and Provolone Sub (2 oz. WG, 2 oz. M/MA) 1 Cup Coleslaw Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	11 Roasted Turkey and Provolone Sub (2 oz. WG, 2 oz. M/MA) 1 Cup Broccoli Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	12 Chicken Caeser Wrap (2 oz. WG, 2 oz. M/MA) 1 ¼ Cup Baby Carrots Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk
15 Sliced Chicken and Turkey Bacon Sandwich (2 oz. WG, 2 oz. M/MA) 1 1/4 Cup Baby Carrots Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	16 Sliced Chicken and Turkey Bacon Sandwich (2 oz. WG, 2 oz. M/MA) 1 Cup Cowboy Com Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	17 Sliced Chicken and Turkey Bacon Sandwich (2 oz. WG, 2 oz. M/MA) 1 Cup Asian Edamame Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	18 Sliced Chicken and Turkey Bacon Sandwich (2 oz. WG, 2 oz. M/MA) 1 Cup Coleslaw Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	Chicken Caeser Wrap (2 oz. <b>WG</b> , 2 oz. <b>M/MA</b> ) 1 Cup Broccoli Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk
<b>22</b> Buffalo Chicken and Cheddar Wrap (2 oz. <b>WG</b> , 2 oz. <b>M/MA</b> ) 1 Cup Broccoli Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	23Buffalo Chicken and Cheddar Wrap (2 oz. WG, 2 oz. M/MA) 1 1/4 Cup Baby Carrots Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	24 Buffalo Chicken and Cheddar Wrap (2 oz. WG, 2 oz. M/MA) 1 Cup Cowboy Corn Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	25 Buffalo Chicken and Cheddar Wrap (2 oz. WG, 2 oz. M/MA) 1 Cup Asian Edamame Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	Chicken Caeser Wrap (2 oz. <b>WG</b> , 2 oz. <b>M/MA</b> ) 1 Cup Coleslaw Choice of Fruit Cup and/or Juice 8 oz. Milk
Chef Salad (2 oz. M/MA) 2 oz. WG Cheese Crackers 1 Cup Asian Edamame Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	Chef Salad (2 oz. M/MA) 2 oz. WG Cheese Crackers 1 Cup Coleslaw Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	Chef Salad (2 oz. M/MA) 2 oz. WG Cheese Crackers 1 Cup Broccoli Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	1 Chef Salad (2 oz. M/MA) 2 oz. WG Cheese Crackers 1 ½ Cup Baby Carrots Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk	Chicken Caeser Wrap (2 oz. <b>WG</b> , 2 oz. <b>M/MA</b> ) 1 Cup Cowboy Salad Choice of 4 oz. Fruit Cup and/or Juice 8 oz. Milk

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"1% white milk Fat Free chocolate milk offered. Nutrient content and ingredients are available upon request. No pork or nut products offered."