



# FEBRUARY | 2026

## NSLP Breakfast Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**2**  
 2 oz. **WG** Blueberry Pop-tart  
 ½ Cup Oranges  
 4 oz. Juice / Alt. Fruit Bar  
 8 oz. Milk  
 \*Daily selection of fresh fruit, yogurt and granola

**3**  
 2 oz. **WG** Pancakes  
 ½ Cup Spiced Apples  
 4 oz. Juice / Alt. Fruit Bar  
 8 oz. Milk  
 \*Daily selection of fresh fruit, yogurt and granola

**4**  
 1.5 oz **WG** Maple chicken sausage Stuffed Waffle  
 1 oz. **M/MA**  
 ½ Cup Grapes  
 4 oz. Juice / Alt. Fruit Bar  
 8 oz. Milk  
 \*Daily selection of fresh fruit, yogurt and granola

**5**  
 2 oz. **HM** Cheesy Eggs  
 2 oz. **WG** English Muffin  
 ½ Cup Pineapple  
 4 oz. Juice / Alt. Fruit Bar  
 8 oz. Milk  
 \*Daily selection of fresh fruit, yogurt and granola

**6**  
 Cheerios  
 1 Cup **WG** Cereal  
 ½ Cup Banana  
 4 oz. Juice / Alt. Fruit Bar  
 8 oz. Milk  
 \*Daily selection of fresh fruit, yogurt and granola

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

**9**  
 2 oz. **WG** Cinnamon Pop-Tart  
 ½ Cup Oranges  
 4 oz. Juice / Alt. Fruit Bar  
 8 oz. Milk  
 \*Daily selection of fresh fruit, yogurt and granola

**10**  
 Egg and Cheese English Muffin  
 (2 oz. **WG**, 2 oz. **M/MA**)  
 ½ Cup Spiced Apples  
 4 oz. Juice / Alt. Fruit Bar  
 8 oz. Milk  
 \*Daily selection of fresh fruit, yogurt and granola

**11**  
 2. oz. Cheese Omelet  
 2 oz. **M/MA**  
 2 oz. **WG** Biscuit  
 ½ Cup Grapes  
 4 oz. Juice / Alt. Fruit Bar  
 8 oz. Milk  
 \*Daily selection of fresh fruit, yogurt and granola

**12**  
 2 oz. **WG** Breakfast Taco  
 2 oz. **M/MA**  
 ½ Cup Pineapple  
 4 oz. Juice / Alt. Fruit Bar  
 8 oz. Milk  
 \*Daily selection of fresh fruit, yogurt and granola

**13**  
 Cinnamon Chex  
 1 Cup **WG** Cereal  
 ½ Cup Banana  
 4 oz. Juice / Alt. Fruit Bar  
 8 oz. Milk  
 \*Daily selection of fresh fruit, yogurt and granola

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

**16**  
 2 oz. **WG** Blueberry Pop-tart  
 ½ Cup Oranges  
 4 oz. Juice / Alt. Fruit Bar  
 8 oz. Milk  
 \*Daily selection of fresh fruit, yogurt and granola

**17**  
 2 oz. **WG** Pancakes  
 ½ Cup Spiced Apples  
 4 oz. Juice / Alt. Fruit Bar  
 8 oz. Milk  
 \*Daily selection of fresh fruit, yogurt and granola

**18**  
 1.5 oz **WG** Maple chicken sausage Stuffed Waffle  
 1 oz. **M/MA**  
 ½ Cup Grapes  
 4 oz. Juice / Alt. Fruit Bar  
 8 oz. Milk  
 \*Daily selection of fresh fruit, yogurt and granola

**19**  
 2 oz. **HM** Cheesy Eggs  
 2 oz. **WG** English Muffin  
 ½ Cup Pineapple  
 4 oz. Juice / Alt. Fruit Bar  
 8 oz. Milk  
 \*Daily selection of fresh fruit, yogurt and granola

**20**  
 Cheerios  
 1 Cup **WG** Cereal  
 ½ Cup Banana  
 4 oz. Juice / Alt. Fruit Bar  
 8 oz. Milk  
 \*Daily selection of fresh fruit, yogurt and granola

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCRR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation.



**23**  
 2 oz. **WG** Cinnamon Pop-Tart  
 ½ Cup Oranges  
 4 oz. Juice / Alt. Fruit Bar  
 8 oz. Milk  
 \*Daily selection of fresh fruit, yogurt and granola

**24**  
 Egg and Cheese English Muffin  
 (2 oz. **WG**, 2 oz. **M/MA**)  
 ½ Cup Spiced Apples  
 4 oz. Juice / Alt. Fruit Bar  
 8 oz. Milk  
 \*Daily selection of fresh fruit, yogurt and granola

**25**  
 2. oz. Cheese Omelet  
 2 oz. **M/MA**  
 2 oz. **WG** Biscuit  
 ½ Cup Grapes  
 4 oz. Juice / Alt. Fruit Bar  
 8 oz. Milk  
 \*Daily selection of fresh fruit, yogurt and granola

**26**  
 2 oz. **WG** Breakfast Taco  
 2 oz. **M/MA**  
 ½ Cup Pineapple  
 4 oz. Juice / Alt. Fruit Bar  
 8 oz. Milk  
 \*Daily selection of fresh fruit, yogurt and granola

**27**  
 Cinnamon Chex  
 1 Cup **WG** Cereal  
 ½ Cup Banana  
 4 oz. Juice / Alt. Fruit Bar  
 8 oz. Milk  
 \*Daily selection of fresh fruit, yogurt and granola

"1% white milk Fat Free chocolate milk offered. Nutrient content and ingredients are available upon request. No pork or nut products offered."