

# APRIL | 2026

## NSLP Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>30</b></p> <p>2 oz. <b>WG</b> Blueberry Pop-tart                      ½ Cup Oranges                      4 oz. Juice / Alt. Fruit Bar                      8 oz. Milk                      *Daily selection of fresh fruit, yogurt and granola</p>	<p><b>31</b></p> <p>2 oz. <b>WG</b> Pancakes                      ½ Cup Spiced Apples                      4 oz. Juice / Alt. Fruit Bar                      8 oz. Milk                      *Daily selection of fresh fruit, yogurt and granola</p>	<p><b>1</b></p> <p>1.5 oz. <b>WG</b> Maple chicken sausage Stuffed Waffle                      1 oz. <b>M/MA</b>                      ½ Cup Grapes                      4 oz. Juice / Alt. Fruit Bar                      8 oz. Milk                      *Daily selection of fresh fruit, yogurt and granola</p>	<p><b>2</b></p> <p>2 oz. <b>HM</b> Cheesy Eggs                      2 oz. <b>WG</b> English Muffin                      ½ Cup Pineapple                      4 oz. Juice / Alt. Fruit Bar                      8 oz. Milk                      *Daily selection of fresh fruit, yogurt and granola</p>	<p><b>3</b></p> <p>Cheerios                      1 Cup <b>WG</b> Cereal                      ½ Cup Banana                      4 oz. Juice / Alt. Fruit Bar                      8 oz. Milk                      *Daily selection of fresh fruit, yogurt and granola</p>
<p><b>6</b></p> <p>2 oz. <b>WG</b> Cinnamon Pop-Tart                      ½ Cup Oranges                      4 oz. Juice / Alt. Fruit Bar                      8 oz. Milk                      *Daily selection of fresh fruit, yogurt and granola</p>	<p><b>7</b></p> <p>Egg and Cheese English Muffin (2 oz. <b>WG</b>, 2 oz. <b>M/MA</b>)                      ½ Cup Spiced Apples                      4 oz. Juice / Alt. Fruit Bar                      8 oz. Milk                      *Daily selection of fresh fruit, yogurt and granola</p>	<p><b>8</b></p> <p>2. oz. Cheese Omelet                      2 oz. <b>M/MA</b>                      2.oz <b>WG</b> Biscuit                      ½ Cup Grapes                      4 oz. Juice / Alt. Fruit Bar                      8 oz. Milk                      *Daily selection of fresh fruit, yogurt and granola</p>	<p><b>9</b></p> <p>2 oz. <b>WG</b> Breakfast Taco                      2 oz. <b>M/MA</b>                      ½ Cup Pineapple                      4 oz. Juice / Alt. Fruit Bar                      8 oz. Milk                      *Daily selection of fresh fruit, yogurt and granola</p>	<p><b>10</b></p> <p>Cinnamon Chex                      1 Cup <b>WG</b> Cereal                      ½ Cup Banana                      4 oz. Juice / Alt. Fruit Bar                      8 oz. Milk                      *Daily selection of fresh fruit, yogurt and granola</p>
<p><b>13</b></p> <p>2 oz. <b>WG</b> Blueberry Pop-tart                      ½ Cup Oranges                      4 oz. Juice / Alt. Fruit Bar                      8 oz. Milk                      *Daily selection of fresh fruit, yogurt and granola</p>	<p><b>14</b></p> <p>2 oz. <b>WG</b> Pancakes                      ½ Cup Spiced Apples                      4 oz. Juice / Alt. Fruit Bar                      8 oz. Milk                      *Daily selection of fresh fruit, yogurt and granola</p>	<p><b>15</b></p> <p>1.5 oz. <b>WG</b> Maple chicken sausage Stuffed Waffle                      1 oz. <b>M/MA</b>                      ½ Cup Grapes                      4 oz. Juice / Alt. Fruit Bar                      8 oz. Milk                      *Daily selection of fresh fruit, yogurt and granola</p>	<p><b>16</b></p> <p>2 oz. <b>HM</b> Cheesy Eggs                      2 oz. <b>WG</b> English Muffin                      ½ Cup Pineapple                      4 oz. Juice / Alt. Fruit Bar                      8 oz. Milk                      *Daily selection of fresh fruit, yogurt and granola</p>	<p><b>17</b></p> <p>Cheerios                      1 Cup <b>WG</b> Cereal                      ½ Cup Banana                      4 oz. Juice / Alt. Fruit Bar                      8 oz. Milk                      *Daily selection of fresh fruit, yogurt and granola</p>
<p><b>20</b></p> <p>2 oz. <b>WG</b> Cinnamon Pop-Tart                      ½ Cup Oranges                      4 oz. Juice / Alt. Fruit Bar                      8 oz. Milk                      *Daily selection of fresh fruit, yogurt and granola</p>	<p><b>21</b></p> <p>Egg and Cheese English Muffin (2 oz. <b>WG</b>, 2 oz. <b>M/MA</b>)                      ½ Cup Spiced Apples                      4 oz. Juice / Alt. Fruit Bar                      8 oz. Milk                      *Daily selection of fresh fruit, yogurt and granola</p>	<p><b>22</b></p> <p>2. oz. Cheese Omelet                      2 oz. <b>M/MA</b>                      2.oz <b>WG</b> Biscuit                      ½ Cup Grapes                      4 oz. Juice / Alt. Fruit Bar                      8 oz. Milk                      *Daily selection of fresh fruit, yogurt and granola</p>	<p><b>23</b></p> <p>2 oz. <b>WG</b> Breakfast Taco                      2 oz. <b>M/MA</b>                      ½ Cup Pineapple                      4 oz. Juice / Alt. Fruit Bar                      8 oz. Milk                      *Daily selection of fresh fruit, yogurt and granola</p>	<p><b>24</b></p> <p>Cinnamon Chex                      1 Cup <b>WG</b> Cereal                      ½ Cup Banana                      4 oz. Juice / Alt. Fruit Bar                      8 oz. Milk                      *Daily selection of fresh fruit, yogurt and granola</p>
<p><b>27</b></p> <p>2 oz. <b>WG</b> Blueberry Pop-tart                      ½ Cup Oranges                      4 oz. Juice / Alt. Fruit Bar                      8 oz. Milk                      *Daily selection of fresh fruit, yogurt and granola</p>	<p><b>28</b></p> <p>2 oz. <b>WG</b> Pancakes                      ½ Cup Spiced Apples                      4 oz. Juice / Alt. Fruit Bar                      8 oz. Milk                      *Daily selection of fresh fruit, yogurt and granola</p>	<p><b>29</b></p> <p>1.5 oz. <b>WG</b> Maple chicken sausage Stuffed Waffle                      1 oz. <b>M/MA</b>                      ½ Cup Grapes                      4 oz. Juice / Alt. Fruit Bar                      8 oz. Milk                      *Daily selection of fresh fruit, yogurt and granola</p>	<p><b>30</b></p> <p>2 oz. <b>HM</b> Cheesy Eggs                      2 oz. <b>WG</b> English Muffin                      ½ Cup Pineapple                      4 oz. Juice / Alt. Fruit Bar                      8 oz. Milk                      *Daily selection of fresh fruit, yogurt and granola</p>	<p><b>1</b></p> <p>Cheerios                      1 Cup <b>WG</b> Cereal                      ½ Cup Banana                      4 oz. Juice / Alt. Fruit Bar                      8 oz. Milk                      *Daily selection of fresh fruit, yogurt and granola</p>

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\*1% white milk Fat Free chocolate milk offered. Nutrient content and ingredients are available upon request. No pork or nut products offered."