

MAY | 2026

NSLP Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>27 2 oz. WG Blueberry Pop-tart ½ Cup Oranges 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>28 2 oz. WG Pancakes ½ Cup Spiced Apples 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>29 1.5 oz. WG Maple chicken sausage Stuffed Waffle 1 oz. M/MA ½ Cup Grapes 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>30 2 oz. HM Cheesy Eggs 2 oz. WG English Muffin ½ Cup Pineapple 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>1 Cheerios 1 Cup WG Cereal ½ Cup Banana 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>
<p>4 2 oz. WG Cinnamon Pop-Tart ½ Cup Oranges 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>5 Egg and Cheese English Muffin (2 oz. WG, 2 oz. M/MA) ½ Cup Spiced Apples 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>6 2. oz. Cheese Omelet 2 oz. M/MA 2.oz WG Biscuit ½ Cup Grapes 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>7 2 oz. WG Breakfast Taco 2 oz. M/MA ½ Cup Pineapple 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>8 Cinnamon Chex 1 Cup WG Cereal ½ Cup Banana 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>
<p>11 2 oz. WG Blueberry Pop-tart ½ Cup Oranges 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>12 2 oz. WG Pancakes ½ Cup Spiced Apples 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>13 1.5 oz. WG Maple chicken sausage Stuffed Waffle 1 oz. M/MA ½ Cup Grapes 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>14 2 oz. HM Cheesy Eggs 2 oz. WG English Muffin ½ Cup Pineapple 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>15 Cheerios 1 Cup WG Cereal ½ Cup Banana 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>
<p>18 2 oz. WG Cinnamon Pop-Tart ½ Cup Oranges 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>19 Egg and Cheese English Muffin (2 oz. WG, 2 oz. M/MA) ½ Cup Spiced Apples 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>20 2. oz. Cheese Omelet 2 oz. M/MA 2.oz WG Biscuit ½ Cup Grapes 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>21 2 oz. WG Breakfast Taco 2 oz. M/MA ½ Cup Pineapple 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>22 Cinnamon Chex 1 Cup WG Cereal ½ Cup Banana 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>
<p>25 2 oz. WG Blueberry Pop-tart ½ Cup Oranges 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>26 2 oz. WG Pancakes ½ Cup Spiced Apples 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>27 1.5 oz. WG Maple chicken sausage Stuffed Waffle 1 oz. M/MA ½ Cup Grapes 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>28 2 oz. HM Cheesy Eggs 2 oz. WG English Muffin ½ Cup Pineapple 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>	<p>29 Cheerios 1 Cup WG Cereal ½ Cup Banana 4 oz. Juice / Alt. Fruit Bar 8 oz. Milk *Daily selection of fresh fruit, yogurt and granola</p>

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*1% white milk Fat Free chocolate milk offered. Nutrient content and ingredients are available upon request. No pork or nut products offered."